Thinking begins at home

Parent guide • Ages 6–11

1. Understand

AI can provide useful information but may be inaccurate, biased or overly convincing. Overreliance may reduce opportunities for children to practise reasoning. The extent of long-term effects in primary-age children remains a research question.

2. Set boundaries

Do not encourage independent generative-AI chatbot use or use AI to do homework for children. Follow age requirements and school guidance. Adults may discuss AI safely and use reviewed examples where appropriate.

3. Understand TBT at school

Teachers use Evaluate the Claim in discovery and review. Children learn to question information from many sources. AI is optional, and children do not need accounts or devices.

4. Reinforce thinking without AI

Ask: What have you tried? What makes you think so? How could we check? Can you explain it in your own words? Allow time to think; praise effort and justified revision.

5. Partner with teachers

Share observations about independent thinking and help-seeking. Do not send children’s personal information to AI services. Discuss any concerns with the school.